

West African & African Diaspora Dance with Francheska Berry

**Experience The Feminine Essence!
Exercise without even trying!
No Dance Experience Required!**



CLASSES AT TUKWILA COMMUNITY CENTER

12424 42nd Avenue South Tukwila, WA www.tukwilawa.gov

WEDNESDAYS 6:30–8:00 pm

June 15th–August 17th

(10 Week Session)

Fee: \$120 (R) \$132 (NR)

NEW! FRIDAYS 7:15–8:45 pm

May 6th–June 10th

(First 6 Week Session)

Fee: \$72 (R) \$79 (NR)

- Increase your mobility, flexibility, and overall strength.
- Develop breath control to keep your body relaxed and mind focused.
- Fluid, graceful movements help to tone & strengthen your back and abdominal muscles, improving your posture and self-confidence.

Contact: (206) 768–2822 or (206) 992–6106 francheb2000@yahoo.com